



Ancestor Wisdom

Voices of Africa
speaking to the soul.



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Jaja

Ibo name, Nigeria

Meaning: You are God's gift to the world. Your joy and lightness is an inspiration to all. You bring happiness to others simply by being who you are.



Biribi Wo Soro

Ancient Adinkra symbol, Ghana

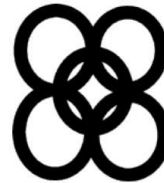
Meaning: God gives you heaven, this is your hope and your inheritance.



Olukoya

Yoruba name, Nigeria

Meaning: Knowing God champions the cause of the suffering, you make effort to remain light and easy in the face of all obstacles.



Kuntinkantan

Ancient Adinkra symbol, Ghana

Meaning: You show great strength and character with your humility and willingness to serve.



Ukwenana

Nguni saying, South Africa

Meaning: You give and share without expecting any return. You show great compassion for all.



Nja iri mukuru itiguujaga nderi.

Meru saying, Kenya

Meaning: You are one who remains pure and disciplined and therefore no obstacles (vultures) can come your way.



Ukusisa

Nguni saying, South Africa

Meaning: You value others for their own intrinsic worth and thus enable them to maintain their dignity. You see and support others as valuable members of the community.



Ubuntu

Nguni saying, South Africa

Meaning: You recognize our interconnectedness and responsibility to all others. You know the value of mutual affirmation.



Salama maganin zaman duniya.

Hausa saying, West Africa

Meaning: You understand that peace is the medicine needed to live in the world today. Through your love and tolerance you give this medicine to all.



Binto mbiang'ora, nsagasaga bikwanga.

Gusii saying, Kenya

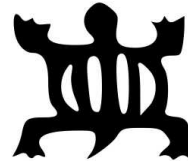
Meaning: Your patience and accuracy enable you to accomplish any task in a successful way.



Nsoroma

Ancient Adinkra symbol, Ghana

Meaning: You are a child of the Supreme Being. Your illumination is a reflection of His.



Odenkyem

Ancient Adinkra symbol, Ghana

Meaning: Like the crocodile who lives in water, but breathes air—you live in this impure world, and yet connect to the pure sustenance of God.



Isiqhelo siyayoyisa ingqondo.

Xhosa saying, South Africa

Meaning: With your good habits and consistent discipline you conquer the wanderings of your mind and bring stillness and contentment to yourself and others.



Umsebenzi

Nguni saying, South Africa

Meaning: You provide service through your commitment to the community. You consistently demonstrate the value you hold for everyone.



Gye Nyame

Ancient Adinkra symbol, Ghana

Meaning: God is the Supreme, immortal one. You remember no one except God.



Eye of Horus

Symbol of Ancient Egypt

Meaning: You are in balance with the elements and all those around you. You are a majestic soul and have heightened awareness and expanded vision.



Oluwasanmi

Yoruba name, Nigeria

Meaning: You have faith that God has rewarded you. With this knowledge you remain constantly content.



Icikupa Lesa teti wishibe.

Bemba saying, Zambia

Meaning: Although you are unaware what will happen next, you are filled with the awareness that God has provided you with the perfect roles to play for your learning and transformation.



Pyramid

Symbol of Ancient Egypt

Meaning: You inspire others with your commitment to accuracy and collective endeavors. You are one of the wonders of the world.



Sankofa

Ancient Adinkra symbol, Ghana

Meaning: Look to the wisdom of the past and follow a pure path. You can avoid mistakes with positive steps. For each step you take, God will help you a hundred fold.



Hye Wonhye

Ancient Adinkra symbol, Ghana

Meaning: Your existence is imperishable, you have the endurance to complete all tasks.



Mikono mingi kazi haba.

Swahili saying, East Africa

Meaning: Your open and cooperative spirit inspires other to work collaboratively and easily achieve any task.



Nyame Nwu Na Mawa

Ancient Adinkra symbol, Ghana

Meaning: You are eternal, just as God is eternal. Your essence is perpetual, and imperishable.



Oluremi

Yoruba name, Nigeria

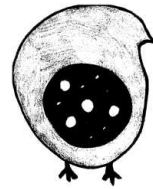
Meaning: You know that whatever mistakes may occur God still has unlimited love and compassion for you and others.



O wera walya elyi atama.

Tembo saying, Democratic Republic of Congo

Meaning: Your honest and dedicated efforts mean that you will always receive nourishment for your body, your mind and your spirit.



Turina keessatt killen millaan adeemti.

Oromo saying, Ethiopia

Meaning: Through your perseverance and faith you transform yourself—much like a fragile egg becomes a healthy chicken—and move around and inspire others.



Bin Nka bi

Ancient Adinkra symbol, Ghana

Meaning: You live each day with peace and harmony.



Engai tajapaki tooinaipuko inona.

Maasai saying, Kenya

Meaning: You are one who is shielded from all sorrow with God's canopy of protection.



Induku kayakhi muzi.

Ndebele saying, South Africa

Meaning: You are aware that violence does not build a home. You live your life non-violently, respecting diversity, equality and the inherent dignity of all.



Takipar bich che meloljinge ma.

Tugen saying, Kenya

Meaning: You bring peace and unity to the community by tirelessly “kindling the fire”, bringing people together to discuss and resolve conflicts, and by having good wishes for all.



Nalukolekejaga sonda walola lwala.

Sukuma saying, Tanzania

Meaning: You can see beyond the finger pointing at the stars, and comprehend the unlimited nature of the cosmos. You recognize the unlimited star like quality of every human being.



Annubis

Symbol of Ancient Egypt

Meaning: You are a great protector and healer of others. Through your knowledge, lightness of spirit, and connection to the Supreme you provide the perfect guidance to those in need.



Ngozi

Ibo name, Nigeria

Meaning: You live in the awareness, every moment of everyday, that God showers blessings upon you. You are content.



Sphinx

Symbol of Ancient Egypt

Meaning: You are a royal, benevolent witness to the transformation of others, and have all the powers and patience to transform yourself.



Munyal deefan hayre.

Fulfulde saying, West Africa

Meaning: You are filled with unlimited patience. Like a stone that takes time to be cooked, you are not rushed or anxious for others to change.



Usandlwana

Xhosa saying, South Africa

Meaning: You have the courage to travel deep within yourself to reach true understanding, learning and healing. You recognize this is about connecting with yourself, with others and with God.



Mankateye

Bambara saying, Mali

Meaning: You know there is silence at the core of the universe where one connects with one's true being. You are wise and strive to return to that silence inspite of the noisy material and social world.



Malak Uqabe

Amhara saying, Ethiopia

Meaning: You are an angel, in the company of other angels, that encircle people and constantly provide protection and peace.



Olufemi

Yoruba name, Nigeria

Meaning: You are certain of the fact that God loves you. This makes you strong and loving to all others.



Nkyin kyin

Ancient Adinkra symbol, Ghana

Meaning: You are versatile, take the initiative and play many roles. You are changing yourself into what you are truly meant to be.